



Bethany Parks and Recreation has paired up with Amazing Athletes to provide a new series of sports programs for our Pre-K to 1st graders.



Pre-K

Session 1: 11:40 A.M – 12:15 P.M.

Cost is \$49/Session or \$13/class

Pre-K through 1st Grade

Session 2: 3:30 PM – 4:05 PM.

Session 3: 4:15 PM – 4:40 PM.

Cost is \$49/Session or \$13/class

These three sessions will be on Wednesdays starting on **Wednesday, September 25th.**

Dates: 9/25, 10/2, 10/16*, and 10/23.

*(10/16 is a half day from school, we'll host participants at Rec Room until class time).

Space may be limited so please sign up early!

Amazing Athletes uses a multi-sport program to benefit children aged 2 1/2 to 6 years physically, mentally, socially, and emotionally. Our program introduces the fundamentals of 10 different sports (soccer, hockey, volleyball, basketball, tennis, lacrosse, football, track and field, baseball, and golf) in a non-competitive environment. Children in Amazing Athletes routinely gain greater confidence, learn to combine fitness with fun, and develop 6 key motor skills: running, throwing, kicking, catching, balance, and jumping. Our unique programs help to develop key motor skills and instill the values and advantages of structured active play for healthy habits and benefits that can last a lifetime. Active children demonstrate better focus, energy, emotional control, social awareness, and more. All of our Amazing Athletes programs are taught in group settings, allowing our coaches to incorporate lessons on teamwork, sportsmanship, and self-confidence. Most importantly, we teach each child at his or her own pace, helping them to meet, master, and exceed their motor development milestones and personal goals. By encouraging each child on an individual level, our athletes gain the confidence and personal insight to encourage a love of fitness that can stretch through adolescence and adulthood.

These programs will be instructed by Amazing Athlete's Gary Novakowski, a Prospect resident, and held at the **Town Hall Gym, 40 Peck Rd., Bethany, CT.**

Checks can be made payable to Bethany Parks and Recreation. Ask about our online Credit Card payments. **We are unable to accept same-day registrations.** Please call our office with any questions at 203-393-2100x1127

AMAZING ATHLETES SEPTEMBER 2019 REGISTRATION

First Name: _____ Last Name: _____

Address: _____ Email Address: _____

Telephone: _____ Age: _____ Grade Completed: _____

Emergency Contact: Name: _____ Phone: _____

Any special concerns, needs or medical such as allergies, asthma, etc. ___yes___no.

If yes please explain: _____

-Please check off Session-

___ Pre-K 11:40 AM– 12:15 PM.

___ Pre-K through 1st grade 3:30 PM– 4:05 PM.

___ Pre-K through 1st grade 4:15 PM– 4:40 PM.

WAIVER OF TOWN LIABILITY:

Participants acknowledge that he/she or the parent or guardian has read and understands the information previously given. Participant/guardian/parent further certifies that he/she is in good physical condition and is fit to participate in this activity. Participant/parent/guardian understands that the Department's Sports Activities have categories of inherent risk, that accidents can occur, and that he/she must always be alert for dangers to themselves and to other participants. In the event of an injury to myself or my family member, I give permission to the attending physician to render such treatment and agree to pay for the treatment. I release Bethany P&R, its employees and instructors. I understand that this release applies to any present or future injuries. I have read and sign it voluntarily.

SIGNATURE:
(parent/guardian)

Date: