

Bethany Seniority
May 2017

Medicare Bootcamp
(New To Medicare)

Wednesday, May 10, 2017 Agency ON Aging of South Central CT. located at 1 Long Wharf Drive, 1L New Haven CT. 06511.

10:00 – 12:00 p.m.

www.aoascc.org

Registration required call Leslie Pruitt 203-785-8533

UNDERSTANDING YOUR MEDICARE BENEFITS

This presentation will provide you with information about what you need to know to get you started with world of Medicare. Topics include 'What is Medicare? The Medicare enrollment periods, various Medicare options, and assistance programs.

The FREE program is run by a Certified CHOICES counselor from the Agency on Aging of South Central Connecticut. No insurance will be sold!

Session will include: Medicare A,B,C, and D.

Learn when you can enroll, various Medicare Options, Medicare Financial Assistance Programs Medicare A, Learn when you can enroll.

Mother's Day Tea May Friday May 12

There will be no more reservations taken. We are completely filled to capacity, and so is the waiting list.

Come and Play Jeopardy with Alex Tribec, I mean play with Bobbi Kulas from Grand Care May 3rd immediately following lunch which is served at 12Noon.

If you missed Jeopardy another session has been scheduled for June 14th, also immediately following lunch. No need to R.S.V.P. for the Jeopardy game, although reservations for lunch, please reserve by the Monday before lunch. Call 203 393-2100 Ext. 124 for your lunch.

A Resource For Free Adult Diapers, Please read on

Patricia Richardson, field representative from State Department on Aging in Hartford shared this resource with agencies and organization related to elderly services.

I am sharing a resource I just became aware of. Discreet undergarment Banking For You.

DUB4U is a registered 501-3 Non-Profit Charity, Non-Profit entity of QC Home Care Solutions, LLC. Qualifications are as follows: Inventory is limited, substitutions and amount received may vary. You must call every month for a delivery. Monthly income level must not exceed \$2,000.00.

This is a free Confidential Service and DUB4U will not ask for your name, birth date, or social security information. (Identification will be by address only. No names are to be given).

Applications may be received via Fax: 860-383-2290, e-mail dub4uqhomecare.com

Mail to: DUB4U at PO Box 330 Bozrah, CT. 06334

For more information you may follow on Facebook at DUB4U Discreet Undergarment Bank for you. Or visit on web site: www.dub4u.org, or call 860-383-2290 Ext.4

Note from me I have applications in my office and more than happy to mail you one, or you may come up to my office I can help you fill it out and fax it for you. The undergarments can accommodate male and female, the undergarment selection asks what would you need briefs, pads belted undergarment, sizes range from small to 3X, Pads: light to heavy, male guard, underpads/bed protectors. If you happen to take advantage of this resource, I would love if you

give me feedback; how long did it take for the organization to respond, what did you think of the quality, quantity etc.

A Not to Miss Informational Session on Senior Immunizations, Shingles, Flu & Pneumonia Vaccine that will be presented on Wednesday June 7th from 12:30-1:30PM. Join us to get the facts about the vaccines, learn how vaccines work, find out where to get the vaccines. The presentation will be done by VNA Community Healthcare Services and Community Care Resources. Every pre-flu season I get asked the questions "Are they going to have the flu shot for seniors"? What's the difference between a regular flu vaccine? Is the flu vaccine a higher dose? I cannot answer these very important questions, but our nurses for VNA Community Healthcare Services can. This is why I'm having the educational program early. You do not have to register for this program, and no residential requirement. Once again Wednesday June 7th from 12:30-1:30PM at the Janice von Beren Senior Center, Bethany Town Hall, 40 Peck Road Bethany. It is handicapped accessible.

Some Fun Facts about the Kentucky Derby

Why Derby is called "The Run for the Roses

The red rose is the official flower of the Kentucky Derby. After winning, the victorious Derby horse is draped with a lush blanket of 554 red roses. The floral blanket carries the same symbolism as a winning crown. It is said New York sports columnist Bill Corum was the first to refer to Derby as "The Run for the Roses" in 1925.

Who takes the Kentucky Derby trophy home?

The Derby trophy goes to the owner of the winning horse.

What is the song everyone sings when the horses are led to the starting gates?

"My Old Kentucky Home," written by Stephen Foster in 1853, was established as the state song of Kentucky in 1928. The song is played by the University of Louisville Marching Band each Derby Day. Everyone sings along, from the crowds of Churchill Downs to revelers at Derby parties around town. (This song gives me chills, every time, it's just a beautiful song, and lyrics)jpd

Who was the youngest jockey to win Derby?

In 1892, Alonzo "Lonnie" Clayton rode Azra to the finish line and won the Kentucky Derby. Clayton was 15 years old. The rules of the game have changed; you now have to be 16 years old to obtain a racing license in Kentucky. So, unless the rules change again, Clayton will hold the record indefinitely.

The first Kentucky Derby race occurred in 1875.

Three fillies have won: Regret in 1915, Genuine Risk in 1980 and Winning Colors in 1988.

May 6, 2017 is the next Kentucky Derby. Now if you're interested in going to the Kentucky Derby this year, you'll need to pay \$105.00 advance ticket general admission. Or you can get a reserved ticket in a box seat for \$2,299.00 (no that's not a misprint).

I'm thinking perhaps stay at home, watch it on TV, and have a Kentucky Derby Party.

Come Run With The Big Dogs!

One Big Dog Animal Respite Fund-Fundraiser

To benefit Woodbridge Regional Animal Shelter Facility Renovations and Construction.

4PM to 7PM-Birchwood At Oaklane, 1027 Racebrook Road, Woodbridge, CT. 06525
Dance like you have never danced before! Eat, Drink, and BE Merry!
Buffet and open bar (beer, wine, soda) DJ, Silent Auction-50/50 raffle Tickets \$100.00 per person. Tickets can be purchased at Woodbridge Region Animal Control 135 Bradley RD, Woodbridge CT. 203-389-5991 or Woodbridge, Bethany, Seymour Town Clerk's offices.
Perhaps your thinking that it's pricey, just keep in mind, this is a fund raiser for renovations and construction. (jpd).