

Bethany Seniority
June 2017

You Need to Know This

Tax bills for the 2016 Grand List are being prepared and will be mailed in the next few weeks. The first installment of Bethany Real Estate and Personal property tax, and the full amount of Motor Vehicle tax on the 2016 Grand List become due and payable on July 1, 2017. Tuesday, August 1st, 2017 is the last day to pay said taxes without interest penalty. Interest will be calculated from the due date at the rate of one-and-one-half percent per month (18% per annum). Minimum interest charge is \$2.00. In accordance with state statute Sec. 12-130, failure to receive a bill does not exempt you from payment of taxes, interest charges, or fees.

Mail tax payments to Bethany Tax Collector, 40 Peck Road, Bethany, CT 06524. Your cancelled check is your receipt -- or enclose a postage-paid envelope. Payments may also be made in person at the Tax Collector's office, 9:00AM-4:30PM, Monday -- Friday [open till 6:00 PM on Wednesdays]. You may also pay at Webster Bank's Bethany branch during regular banking hours but you must have your tax bill to do so. To pay online by electronic funds transfer (no fee) or credit card (2.5% bank fee), go to www.bethany-ct.com and under QUICK LINKS, click on Pay Taxes or View Payment History. Back taxes on motor vehicles must be paid with cash, money order, or cashier's check for immediate DMV registration clearance to be provided. David Forman, Tax Collector

A Very Important Session with the VNA Community Healthcare Nurses

A Not to Miss Informational Session on Senior Immunizations, Shingles, Flu & Pneumonia Vaccine that will be presented on Wednesday June 7th from 12:30-1:30PM. Join us at the Janice von Beren Senior Center to get the facts about the vaccines, learn how vaccines work, and find out where to get the vaccines. The presentation will be done by VNA Community Healthcare Services and Community Care Resources. Every pre-flu season I get asked the questions "Are they going to have the flu shot for seniors"? What's the difference between a regular flu vaccine? Is the flu vaccine a higher dose? I cannot answer these very important questions, but our nurses for VNA Community Healthcare Services can. This is why I'm having the educational program early. You do not have to register for this program, and no residential requirement. Once again Wednesday June 7th from 12:30-1:30PM at the Janice von Beren Senior Center, Bethany Town Hall, 40 Peck Road Bethany. It is handicapped accessible.

Veteran's Calling All Veteran's VFW Post 2448

Your meetings are held every 3rd Tuesday of the month beginning 7 P.M., at Lakeview Lodge, 265 Beacon Road, Bethany. Your attendance is requested. Membership drive is always opened

Brought You by the VFW Beletzky-Hoppe Post 2448

When you come by the Town Hall on the landing before you enter into the business offices on the left hand side you will find a "storage bin" where you can place your American Flag that is no longer a fitting emblem for display. The storage bin is clearly marked for its purpose. When the storage bin is full, a proper flag retirement ceremony will take place. The Town Hall is opened Monday through Friday, 9:00AM to 4:30PM except for holidays.

Bethany Lions Club Distributes Eyeglass collection boxes

Their mission is services for visually impaired. One part of this mission to collect usable eyeglasses that are then distributed to the people in need. The Bethany Lions Club has distributed to various locations in our Town eyeglass collection boxes. You will find a collection box on my bulletin board shelf. You'll recognize the collection boxes at the schools and our local businesses.

If you're unable to come to a drop off location, you may contact Lion Clark Hurlburt at 203-444-4469, he will accommodate and pick them up at your convenience, now how that for is service? I see that our Town citizens are leaving usable eyeglasses in our collection box, what can I say? I know what I can say, Thank you, and keep them coming!

You Know It's Summer Time at Lakeview Lodge it's our annual picnic

A date has been set for Wednesday July 19th rain or shine.

Where? Lakeview Lodge 265 Beacon Road, Bethany CT.

What time? 12Noon

Cost? \$5.00 per person, payable at the door.

Reserve? Yes, but of course, 203 393-2100 Ext. 124.

Can I reserve now? Yes, but of course, 203 393-2100 Ext. 124.

Can I bring someone who doesn't live in Bethany, yes but of course, just reserve 203 393-2100 Ext. 124.

What are we having? Live entertainment, hot dogs, hamburgers, with more foods and you know there's no picnic unless we have watermelon, cake, ice cream, hot beverages, cold beverages.

There's more...come and find out. Where else are you going to go eat, be entertained, for \$5dollars? Chef Frett (a former 4 star and 5 star Executive chef for restaurants in 3 states). Also Chef Allyson will be your chef.

Remember this day is for you, so keep the grandkiddies at home.

We are limited to 140 people, so reserve early by calling 203 393-2100 Ext. 124, this is a sellout event! No take out available.

Connecticut Senior Farmers' Market Nutrition Program

What Is Senior Farmers' Market Nutrition Program?- The Senior Farmers' Market Nutrition Program (SFMNP) awards grants to States, U.S. Territories, and federally recognized Indian tribal governments to provide low-income seniors with coupons that can be exchanged for eligible foods (fruits, vegetables, honey, and fresh-cut herbs, nothing else) at farmers' markets, roadside stands (that participate in the SFMNP), and community-supported agriculture programs. The SFMNP is administered by State agencies such as your State Department of Agriculture or Agency on Aging and in my office to Bethany residents only.

What is the age requirement? All participants must be 60 years old or older.

If I am homebound due to my health condition or driving restraint how do I go about participating in the Senior Farmers' Market Nutrition Program? An alternate/caretaker that you choose (just send them with your proof of income), you are authorizing to pick up your vouchers and to shop for you at certified farmers' markets.

What do I need to bring? Proof of your income e.g. Income tax return statement, if you do not make out an income tax return then bring in your most social security benefit statement.

How much are the coupons worth? Eighteen dollars (\$18.00).

How long are the coupons good for? Must be used by October 31, 2017 and cannot be used passed the expiration date or in future years.

Farmers' Market Nutrition Program Coupons are available in the Bethany Human Resources and Service Office, call (203 393-2100 ext. 124) to apply and receive the coupons.

Income guidelines: Single \$22,311.00, Couple \$30,044.00.

How to Join the Bethany Senior Center

Membership to the Janice von Beren Senior Center is free per year per person and is open to anyone age 55 and older.

Lunches are served every Wednesday at 12Noon, you do have to reserve by calling 203 393-2100 Ext. 124 by Monday. The cost is still only \$3.00.

Can We Talk?

I am going to ask that the people who ride the senior bus please refrain from calling the Senior Bus Transportation Bus Drivers at their private home or their own private cell phones.

I ask you go through the proper channels, the telephone numbers listed on their calling cards or listed in this newsletter. (203) 3932100 Ext. 324.

Let's keep in mind that when you call them at their home, they are with their families, or doing what bus drivers do on **their time off**. The drivers will call you to confirm your appointment the night before.

If you must make a last minute cancellation they the bus drivers, including myself monitor the Extension 324 for bus rides and cancellations constantly. There is absolutely no need to call their private residence.

Jeopardy Players

Wednesday June 14th at the Janice von Beren Senior Center beginning around 12:30ish, we will start the game of Jeopardy with Bobby Kulas from Grand Care Companions. No need to register just come and have some fun.

Here's some trivia on the Jeopardy Game Show

Jeopardy! is an American television game show created by Merv Griffin. The show features a quiz competition in which contestants are presented with general knowledge clues in the form of answers, and must phrase their responses in the form of questions. The original daytime version debuted on NBC on March 30, 1964, and aired until January 3, 1975. A weekly nighttime syndicated edition aired from September 1974 to September 1975, and a revival, The All-New Jeopardy!, ran on NBC from October 1978 to March 1979. The current version, a daily syndicated show produced by Sony Pictures Television, premiered on September 10, 1984, and is still airing, making it by far the program's most successful incarnation.

Both NBC versions and the weekly syndicated version were hosted by Art Fleming. Don Pardo served as announcer until 1975, and John Harlan announced for the 1978–1979 show. Since its inception, the daily syndicated version has featured Alex Trebek as host and Johnny Gilbert as announcer.

With over 7,000 episodes aired,^[2] the daily syndicated version of Jeopardy! has won a record 33 Daytime Emmy Awards and is the only post-1960 game show to be honored with the Peabody Award. In 2013, the program was ranked No. 45 on TV Guide's list of the 60 greatest shows in American television history. Jeopardy! has also gained a worldwide following with regional adaptations in many other countries. The daily syndicated series' 33rd season premiered on September 12, 2016.

An E-mail I received from Agency on Aging South Central Connecticut

Beware: AoA Email Scam

This week, ACL has heard from a number of people who have received emails falsely claiming they are from AoA and Edwin Walker requesting personal and financial information. These emails are a Phishing scam.

- ACL will never ask for your social security number.
- We will not ask you to send us a check in order to access a benefit.
- You can always contact us at (202) 401-4634 to check to see if a message is valid.

What is Phishing?

Phishing is the attempt to obtain sensitive information such as usernames, passwords, bank and other financial account, and credit card details (and, directly or indirectly, money), often for malicious reasons, by disguising as a trustworthy entity in an electronic communication including email and text messages. For anyone, but particularly for older and vulnerable adults, phishing can be an opening to fraud and financial abuse.

How Do I Spot a Phishing Email?

Phishers include links in their email to lure you to fake sites that look like the legitimate ones to steal your login credentials or they could use the links to infect your computer with a virus.

Phishers may also ask for you to respond to an email with sensitive, personally identifiable information (PII) that would allow them access to bank or other financial accounts. Before you click a link or respond to an email, you should ask:

Do you recognize the sender's company or email address? Is the sender's email address familiar? Are you expecting something from the sender's company or organization?

Are you named in the salutation? This may not always prove that the email is legitimate due to the fact that your name may be in your email address, but it's good to check.

You should always be suspicious of links in an email. Always hover over links to verify the source URL code. A URL is the address of a specific website or file on the Internet. Before you click, verify that you recognize the linked URL.

Do you know the sender? The sender should include a signature that provides contact information.

What to do if you think you have received a phishing email?

You have two choices: Delete the mail, or

Forward the email to an organization that can either study the email for evidence of who sent it, or can investigate the people responsible for sending it. Examples include an IT security group that supports you, or a law enforcement organization that deals with cybersecurity.

You also can report complaints to these agencies:

Federal Bureau of Investigation, Internet Crime Compliant Center:

<https://www.ic3.gov/default.aspx>

The Federal Trade Commission:

(877) 382-4357

U.S. Postal Service:

<http://ehome.uspis.gov/fcsexternal/default.aspx>

Starting next month I will be running a series on more scams.